

# Peer Support to Engage People with Intellectual and Developmental Disabilities (IDD) in Research



**It is always important to include people with IDD on research teams, especially when the research is to learn about or gather information to help and support people with IDD.** When people with IDD are included in the research process, it helps ensure that the research is important and meaningful to people with IDD, as well as their family members, caregivers and service providers. One way to help include people with IDD in research is by using Peer Support. Peer support happens when a person with lived experience provides support and help to someone else with that same lived experience. In this resource, lived experience refers to people with an IDD who work on research teams.

## This toolkit is designed for:

- Researchers with IDD who want to use peer support to engage their peers with IDD in research
- Research team leaders, who may or may not have a disability, who want to use peer support to include more people with IDD on their teams.

## The toolkit includes information about:

- What is peer support?\*
- Roles and strategies for peer supporters\*
- How peer support can be used during research engagement
- Ways peer supporters can help across the phases of research
- Information about recruiting and hiring
- Considerations for supports and accommodations

\* These sections of the toolkit were designed for use by researchers with IDD.

This accessible, HTML toolkit operates on any device and does not require Internet access to use.

Download the toolkit for free from Temple REACH Lab or UF YELL Lab by clicking below.

## Contact us to learn more:

### REACH Lab



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### YELL Lab



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